

Counseling options as of May-22

Local

Verus Ridge Counseling, 20 Windmill Hill, Burnham, 717-899-0104, <http://www.verusridgecounseling.com/>

- Veronica Clapp (Christian) Highly recommend - veronica@counselingelevation.com
- Mike Grabill (Christian) Highly recommend - mike@verusridgecounseling.com

Wellspring Counseling – Lewistown 717-363-4973, <http://www.counselingwellspring.com/home.html>

- 6 counselors, all women

Clear Concepts Counseling – Lewistown 717-242-3070 **(Does NOT accept Geisinger)**

- Jill Pecht (Christian)

Brighter Visions – Lewistown 717-242-1428 **(DOES accept Geisinger)**

- Fred Benner (Christian)

Solutions – Lewistown 717-953-9571

Julie Lynch (Christian) – Lewistown – Enlighten Psychiatric Services 717.437.9000

Karen Yoder - (through Locust Grove Mennonite Church– Mainly for women - donation basis) 717-935-2685

Bob Zook - (through Allensville Mennonite Church – Seven Acres Ministry – donation basis- mainly for men, good listener) 717-513-3439

State College

Dr Tim Evans (Christian) – 972-757-4673 – Very highly recommended

Centre Marriage and relational Therapy – 814-531-5659 - (not necessarily Christian, although there are some Christians on staff)

Centre counseling ((814) 308-0704): Specifically, Mandy Milner or Brian Harr

Haley Weiss: (<https://www.hweisscounseling.com/>) - (814) 826-3646 Christian

Altoona

Christian Counseling Associates– 814-246-2466. Tammy Lundgren

Day One Counseling (Christian Ministry)- 814-949-9210

Safe Harbor Christian Counseling Joanne Butz - 1-800-305-2089

Tara Banks – 814-808-9538

Online Directory: (www.openpathcollective.org) This website is a national database of low-cost providers. Members pay \$60 a year and then choose a therapist from the site. Costs range between \$30 and \$80 per session depending on what the counselor and the client agree upon. I can't vouch for any particular counselor available here.

Any questions, contact Pastor Luke (215.692.4663) or lukeshinskie@gmail.com